

CEDARSTONE ENHANCED CARE

March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Lexicon (P) 10:45 Lexicon (C) 2:00 Worship Service with Salvation Army (GR)	2 8:45 Bulletin Board Decorating (C) 9:45 Bulletin Board Decorating (P) 10:30 MT Name That Tune (G) 10:30 Visit from the NDP Party (GR) 1:15 MT Rhythm Band (E) 2:00 Bingo (GR) (Cedarstone only) 3:15 Bulletin Board Decorating (V)	3 10:45 MT Shake, Rattle & Roll (C) 12:30 Bulletin Board Decorating (G) 1:15 MT March Highlights (P) 2:15 Bulletin Board Decorating (E) 3:15 Baking (V) 6:30 McGanns & Friends (GR) (Country music)	4 10:45 MT Musical Crossword (G) 10:45 Visit from the Atlantica Party (GR) 1:15 Creative Expressions (V) 1:15 MT Shamrock Matchups (P) 2:15 Creative Expressions (C) 3:00 Creative Expressions (E)	5 9:45 Balloon Volley (P) 10:30 Catholic Mass (GR) 10:45 Balloon Volley (E) 11:00 MT Golden Oldies (C) 1:30 Music with Alan & Gail (GR) (Variety Act) 3:00 MT March Highlights (V) 3:15 Balloon Volley (G)	6 10:30 MT Shake, Rattle & Roll (G) 1:30 MT Musical Crossword (E) 3:00 MT Musical Crossword (V)	7 10:00 Visit from the Green Party (GR) 1:15 Poetry Reading (E) 2:15 Poetry Reading (V) 3:15 Poetry Reading (G)
8 10:00 Sing Along (E) 10:45 Sing Along (G) 2:00 Worship Service with St. Andrews United (GR)	9 1:00 MT Musical Hangman (E) 2:15 MT Golden Oldies (G) 3:15 MT Name That Tune (V) 6:30 Bob & CJ Prest (Variety music)	10 9:00-11:00 Voting- NS Provincial Bi-Election (GR) 2:00 Music Bingo (P) 3:00 Music Bingo (C) 3:45 Music Bingo (G) 6:30 Under 60's Club (GR)	11 10:30 Truro Elementary kids Visit (GR) 10:45 MT Shake, Rattle & Roll (E) 1:15 MT Movement to Music (G) 1:15 Therapeutic Painting (E) 2:15 MT Musical Mugshots (P) 2:30 Therapeutic Painting (V) 3:15 MT Musical Crossword (C)	12 9:45 Balloon Volley (G) 10:30 MT Anglican Communion (GR) 10:45 Balloon Volley (E) 11:00 MT Musical Hangman (V) 1:15 MT Musical Crossword (P) 1:30 Baking (V) 3:30 MT Shamrock Triples Trivia (C)	13 8:45 Balloon Volley (V) 10:00 Therapeutic Painting (P) 1:30 Pet therapy (G&E) 3:15 Therapeutic Painting (C)	14
15 2:00 Worship Service McCulloch United (GR)	16 8:45 Sit & Stretch (E) 1:30 Sit & Stretch (G) 2:00 Bingo (GR) (Cedarstone only) 3:15 Chair Yoga (V) 3:30 Pop Quiz (C)	17 12:30 Jacqui Jokes (P) 2:00 Luck Of the Irish Social (GR) 3:45 Jacqui Jokes (V) 6:30 Paul & Friends (Variety music) (GR)	18 10:45 Creative Expressions (E) 1:00 Creative Expressions (P) 2:00 Anneka & Daniel (Clarinet & Saxophone) (GR) (variety music) 2:15 Where on Earth Are We? (C) 3:00 Where on Earth Are We? (G) 3:15 Creative Expressions (V) 6:30 Tony Quinn (Variety music) (GR)	19 8:45 Trivia (E) 10:00 Where on Earth Are We? (P) 10:30 Resident Council (CR) 10:45 Morning Stretch (G) 1:30 Resident Birthday party (GR) 3:15 Trivia (V) 3:15 Yahtzee (C)	20 10:00 Morning Stretch (P) 10:45 Morning Stretch (C) 1:30 Eric Bowers (Country music) (GR)	21 10:00 Hand Massages (G) 10:45 Hand Massages (E) 2:00 Karaoke (GR)
22 10:00 Poetry Reading (C) 10:45 Poetry Reading (P) 2:00 Worship Service with Brunswick St United (GR)	23 10:30 MT Name That Tune (E) 1:15 MT Musical Mugshots (G) 3:15 MT Twenty Words (V)	24 10:30 MT Musical Mugshots (C) 12:30 Sing Along (E) 1:15 MT Twenty Words (P) 2:15 MT Rhythm Band (G) 3:45 Sing-a-long (V) 6:30 Bowling (GR)	25 10:30 Truro Elementary Kids Visit (GR) 10:45 MT Golden Oldies (G) 1:00 Trivia (E) 1:15 MT Musical Hangman (P) 2:00 Trivia (C) 3:15 MT Shamrock Matchups (V)	26 10:15 Balloon Volley (G) 10:15 MT Musical Mugshots (E) 11:00 Balloon Volley (V) 11:00 MT Name That Tune (P) 1:30 Austin & Friends (Country music) (GR) 3:15 Balloon Volley (E) 3:30 MT Name That Tune (C)	27 10:30 MT Shake, Rattle & Roll (C) 10:30 United Communion (GR) 1:30 Pet Therapy (E & G) 1:30 MT Shake, Rattle & Roll (G) 3:15 Trivia (P) 3:15 MT Shamrock Triples Trivia (V)	28
29 2:00 Worship Service St. John's Anglican (GR)	30 9:45 Sit & Stretch (E) 10:00 Morning Stretch (C) 10:30 MT Rhythm Band (G) 10:30 Sit & Stretch (V) 10:45 Morning Stretch (P) 1:00 MT Rhythm Band (E) 1:30 Sit & Stretch (G) 2:00 Bingo (GR) (Cedarstone only) 3:15 MT Musical Mugshots (V)	31 10:30 MT Shamrock Matchups (C) 1:30 MT Golden Oldies (P) 2:15 Nailed It (G) 3:00 Nailed It (E) 3:45 Nailed It (V) 6:30 Old Time Country (GR) (Country music)				

